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## LATEST FIGURES ON CORONAVIRUS

[Click Here](#)

## NO EXCEPTIONS TO SELF-ISOLATION

► Chief Medical Officer requires by law that all persons arriving in the Cayman Islands from 16 March as well as their household contacts self-isolate for 14 days. Refusal to comply is a criminal offence and could lead to fines, imprisonment. [Read more.](#)

## LATEST ADVICE

- Governor Announces Daily Curfew Beginning Tuesday 24 March.[Read more.](#)
- Public Warned About Account Impersonating Minister. [Read more.](#)
- Detailed Provisions for Essential Court Services, Modified Business Processes[Read more.](#)
- Updates on Education, Agriculture and Water Authority - Cayman[Read more.](#)
- CMO Urges Social Distancing, Hand Hygiene.[Read more.](#)
- Support For Non-Caymanians Actively Explored.[Read more.](#)
- [More news.](#)
- [Advice for Returning Students](#)
- [More Frequently Asked Questions](#)

## WE WORK WITH



There have been 6 cases of coronavirus (COVID-19) in the Cayman

Islands, with 5 considered preliminary results.



## CURFEW ENFORCED 24 MARCH

Learn more about the curfew enforced on Tuesday 24 March 7pm - 5am daily for 10 days as part of preventative measures. [Read more.](#)

## PREMIER APPEALS TO RETURNING STUDENTS

At our live press briefing 19 March, Premier Alden McLaughlin expressed confidence returning students understand they are our future leaders and that self-isolation is necessary. [Watch video.](#)

## HOW & WHEN TO SELF ISOLATE

More information on how and when to self-isolate. [Read more.](#)

## LATEST NEWS

Get the latest news and updates from the Cayman Islands Government on Coronavirus (COVID-19). [Read more.](#)

## FREQUENTLY ASKED QUESTIONS

Answers on the novel coronavirus (COVID-19) including the most common symptoms, how it spreads, and how we are prepared ahead of any case. [Read More](#)

## READ POLIC

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## WHAT IS CORONAVIRUS?

Coronavirus or COVID-19 is a new strain of the coronavirus, which was first identified in Wuhan City, China in 2019. COVID-19 is a member of the coronavirus family (a group of viruses) that has never been encountered before.

## WHAT ARE THE SYMPTOMS?

The virus most commonly causes:

- ✓ coughing
- ✓ fever
- ✓ tiredness
- ✓ breathing difficulties

These symptoms are usually mild and begin gradually but commonly occur within 1-10 days after a person has been exposed.

Some people become infected but don't develop any symptoms and don't feel unwell. Around 1 out of every 6 people who gets COVID-19 becomes seriously ill and develops difficulty breathing.

## HOW DO I GET MORE INFORMATION?

For further information read our [frequently asked questions page](#) or contact the Flu Hotline on [1 800 534 8600](#) or [947 3077](#) or email [flu@hsa.ky](mailto:flu@hsa.ky).

Download the self-isolation information sheet [here](#).

## REGIONAL TRACKER

Get updates [here](#).

**Self-isolation**  
Advice for persons with & without symptoms of infection, who are isolating themselves due to potential exposure to novel coronavirus (COVID-19). These actions will help to protect others inside & outside of your home from infection.

**Isolate yourself**

- Stay at home. Do not go to work, school, or public places.
- Do not visit family or friends.
- Do not travel by air, land, or sea.
- Do not go to public places, such as shopping centres, restaurants, or bars.
- Do not go to school or work.
- Do not visit family or friends.
- Do not travel by air, land, or sea.
- Do not go to public places, such as shopping centres, restaurants, or bars.

**Prevent the spread of infection**

- Wash your hands frequently with soap and water for at least 20 seconds.
- Wear a face mask when you are around other people.
- Do not cough or sneeze into your hands.
- Do not touch your face, especially your eyes, nose, and mouth.
- Do not share personal items, such as cups, glasses, or food.
- Do not share towels or clothing.
- Do not share toothbrushes or razors.

**Take care of your health & wellbeing**

- Get plenty of rest.
- Drink enough fluids to stay hydrated.
- Take paracetamol or ibuprofen to reduce fever and pain.
- Stay in contact with family and friends.
- Get on-line health services if you need them.
- Take regular walks and exercise.
- Take regular walks and exercise.

Seek help if you develop symptoms or existing symptoms worsen. Ask difficulty breathing by calling the Flu Hotline on **1 800 534 8600** or **947 3077**. For emergencies call **911**.

For the latest updates and information, please visit [HSA website: healthservices.gov.ky](#) or [gethelp.ky](#)

► HOUSEHOLD GUIDANCE

## HOUSEHOLD GUIDANCE



Stay at home guidance for households with possible coronavirus (COVID-19) infection [Read more.](#)

► VULNERABLE PEOPLE

## VULNERABLE PEOPLE & THEIR FAMILIES



Information for vulnerable people such as older persons or chronic conditions that place them at high risk and their carers. [Read more.](#)

► BUSINESS GUIDANCE

## BUSINESS GUIDANCE



Information on the novel coronavirus (COVID-19) including guidance for businesses. [Read more.](#)

### ► EDUCATION GUIDANCE

## EDUCATION GUIDANCE

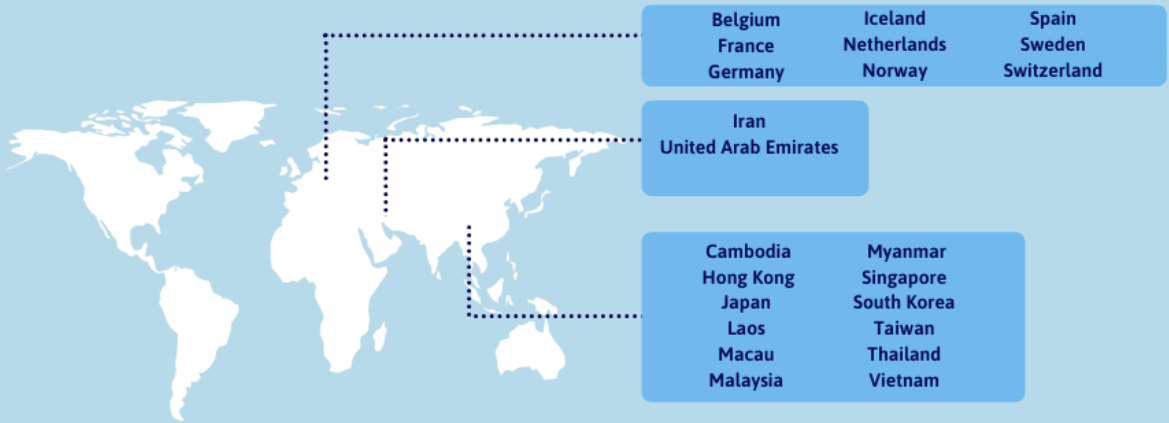


Information for schools and other educational settings in providing advice about the novel coronavirus (COVID-19). [Read more.](#)

### ► TRAVEL ADVICE

## COVID-19 Countries on Watch

If you have returned from the below countries within the last 14 days, please contact the Public Health Department immediately if you have a cough, fever or shortness of breath on 244-2621 / 244-2561



People should avoid all but essential travel to countries where there appears to be extensive in country transmission of COVID-19  
Please note, this list is subject to change as further updates are received  
HSA.ky/Coronavirus



MINISTRY OF  
HEALTH, ESSENTIAL SERVICES,  
CULTURE & HUMAN SERVICES



PUBLIC HEALTH DEPARTMENT  
CAYMAN ISLANDS  
Keeping People Healthy, Keeping the Islands Safe

Travel advice and restrictions from the Cayman Islands Government. [Read more.](#)

### ► MENTAL WELLBEING

## MENTAL WELLBEING



Information on maintaining your mental wellbeing and safety in the unlikely event of needing to self-isolate. [Read more.](#)

### ► LATEST NEWS

## LATEST NEWS



Information for the public on the worldwide outbreak of coronavirus, including the current situation in the Cayman Islands and information about the virus and its symptoms. [Read more.](#)

### ► PUBLIC HEALTH INFO

**CATCH IT**

**WASH IT**

**TRASH IT**

**CORONAVIRUS**

Public health information about how coronavirus is spread and how to avoid catching or spreading germs [Read more.](#)

### ► RESOURCES

## USEFUL LINKS



Download our on the novel coronavirus (COVID-19) information, graphics and videos [Read more.](#)

## CORONAVIRUS

### F.A.Q.S

Read our frequently asked questions on the novel coronavirus [Read more.](#)

How is coronavirus caught & spread?

Information on how coronavirus is caught and can spread, as well as prevention tips [Read more.](#)

Is the airport closed?

From Sunday 22 March Owen Roberts International airport in Grand Cayman will be closed for 3 weeks to all passengers temporarily.

For all destinations except for the UK, inbound flights from Thursday, 19 March, 2020, will operate for returning residents only. All arriving passengers (and their households even if they did not travel with the passenger) will be required to self-isolate for 14 days effective immediately. [Read more.](#)

Should families of those arriving from overseas or those self-isolating also self-isolate?

Yes. All arriving passengers (and those in their households even if they did not travel with the passenger) will be required to self-isolate for 14 days effective immediately. [Read more.](#)

What should businesses do to prepare?

Advice on how businesses and commerce can prepare ahead of a potential in community case [Read more.](#)

# PREVENTION TIPS

Learn more about how to prevent the spread of coronavirus and other illnesses [here](#).

## Coronavirus Prevention Tips



1



frequently **cleanse hands**  
with soap and water or an  
alcohol-based hand sanitizer

## CAYMAN PREPARED

Mitigation, preparedness, response and recovery for hazards and threats in the Cayman Islands [Read more](#).



# PRESS ROOM

- ▶ Governor Announces Curfew From Tuesday 24 March. 9pm-5am daily [Read more.](#)
- ▶ Public Warned About Account Impersonating Minister, Offering Cash Grants. [Read more.](#)
- ▶ Chief Medical Officer Orders 14 Days Self-Isolation for All Arrivals and Household Contacts from 16 March [Read more.](#)
- ▶ Judicial Administration Details Provisions for Essential Court Services, Modified Business Processes [Read more.](#)
- ▶ Updates from Ministry on Measures in Education, Agriculture and by Water Authority - Cayman [Read more.](#)
- ▶ Chief Medical Officer Issues Statement, Urges Social Distancing and Hand Hygiene [Read more.](#)
- ▶ Extension of Support For Non-Caymanians Actively Explored. [Read more.](#)
- ▶ Student Taken from Isolation Facility for Assessment on 20 March [Read more.](#)
- ▶ Revised Sister Islands Flight Schedule from Cayman Airways. [Read more.](#)
- ▶ Friday 20 March Government Update [Read more.](#)
- ▶ DVDL Introduces Additional Precautionary Measures, Encourages Online Renewals. [Read more.](#)
- ▶ DOA Implements Operational Changes, Reduced Hours. [Read more.](#)
- ▶ Centre for Business Development to Open 23 March, Focus on Business Continuity [Read more.](#)
- ▶ NAU Food Stipends for Caymanian Families Whose Children Received School Lunch Assistance. [Read more.](#)
- ▶ [Read all news.](#)

## MORE ON CORONAVIRUS IN THE CAYMAN ISLANDS

YOUR QUESTIONS ANSWERED



Latest On COVID-19 Coronavirus Dr. John Lee Chief Medical Officer The Cayman Islands Government [Copy Link](#)





More questions? Visit our [frequently asked questions page](#).

CAYMAN ISLANDS HEALTH SERVICES AUTHORITY

[Learn more](#)

CENTERS FOR DISEASE CONTROL & PROTECTION

[Learn more](#)











































































































































































































GIVE US YOUR  
FEEDBACK

Cayman Islands Government, Government Admin Building, Grand Cayman, Cayman Islands, Tel: 345 949 7600



**CAYMAN ISLANDS  
GOVERNMENT**